

Occupational Therapy for Psychosocial Dysfunction

【心理疾病職能治療】

Fall Semester, 2024

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【Course Credits】 Lecture: 2
Practice: 1

【Course Guideline and Objectives】

This course provides a comprehensive overview of occupational therapy's approaches toward the psychiatric population and other psychosocial dysfunction issues. The course contents include the overview of assessment and treatment planning, theoretical frame of references, and psychopathological conditions; as well as evidence-based approaches towards different settings and pathological conditions potentially applied in the occupational therapy process. The course design consists of both lectures and practices so that the students can acquire the necessary knowledge and techniques, and practice leadership and communication skills.

Students who finish this course will be able

1. To understand the professional themes and the clinical relevance, such as OT frameworks, client-centered care, and mental health services.
2. To be familiar with the assessment methods and intervention strategies for mental health settings.
3. To employ appropriate theoretical frame of references within relevant context to the problem areas for clients with mental illness.
4. To understand the symptoms and the impact of major psychiatric disorders for an individual, and the management of occupational adaptation issues.

【Schedule 】

Tuesday: Practice 9:10-12:00				Thursday: Lecture 10:10~12:00			
Date			Topic (Activities and FOR, psychiatric disorders)	Date		Topic (occupational performance: client factors, intervention and settings)	
1	09.10	汪-	課程說明(ref: 2; 4:9) (10%) Client-centered approach (分組與預習報告說明)	09.12	張	Recovery (10%)	
2	09.17		中秋節(放假)	09.19	許	Behavior therapy and clinical application (15%)	
3	09.24	黃	Group stage and protocol (10%)	09.26	許	Cognitive beliefs and CBT (15%)	
4	10.01	黃	Group stage and process (10%)	10.03	汪	Cognition (ref 3:20; 4:12) (15%)	
5	10.08	汪	G1* Cognitive disability model (ref:2)(含 ACL eval) (10%)	10.10		國慶日(放假)	
6	10.15	汪	G2* Psychodynamic FOR (ref:2; 4:20) (含投射測驗) (10%)	10.17	張	Coping & resilience (ref:3:23; 4:13) (15%)	
7	10.22	汪	G3* OT groups based on behavior and cognitive behavior approach (ref:2) (10%)	10.24	張	Motivation problem and intervention (ref:3:24) (15%)	
8	10.29	張	G4* Occupation based model (ref:2; 4:1) (含評估)(10%)	10.31	陳	Sensory processing (ref:3:22) (15%)	
9	11.05	陳	G5* Sensorimotor approach (ref:2) (含 SP eval) (10%)	11.07		期中考 各主題計分於各項後 *practice 團體各章報告繳交算分(10%/4 份+10%團體報告)	
* G1-G5 分五組報告相關內容並帶相關活動，報告組內容請事前找當週老師討論並上傳 moodle (10%)。其他組同學事先預習相關的參考書目及章節，每人報告需找 5 題相關國考題作答分析，並加說明當次活動與理論之關聯性，每組活動後每個人需上傳一份，共 4 份 (10%)。							

10	11.12	汪	The person: Introduction of psychiatric diagnosis (DSM 手冊)(5%)	11.14	汪	The person: Clinical symptoms and observation*(10%)
11	11.19	汪	The evaluation process and assessments (10%)	11.21	劉	Acute psychiatry and services OT (ref:4) (12.5%)
12	11.26	張	Schizophrenia spectrum disorder (ref:1 & 3) (15%)	11.28	劉	Documentation and Record keeping (ref:3) (12.5%)
13	12.03	劉	Depression and bipolar disorders (ref:1 & 3) (15%)	12.05	黃	ADL and IADL intervention principles (ref:3) (12.5%)@
14	12.10	汪	Anxiety/ obsessive-compulsive disorder (ref:1 & 3) (15%)	12.12	張	Leisure & play (ref:3) (12.5%)
15	12.17	張	Trauma and stress related disorder (ref: 3) (15%)	12.19	汪	Communication and social skills (ref:3:26; 4:10) (15%)
16	12.24	黃	Eating disorder and/or Personality disorders (ref:1 & 3)(15%)	12.26	張	Work as occupation (ref:3; 4:11) (12.5%)
17	12.31	汪	Substance-related disorder (ref:5) (10%)	01.02	劉	Community mental health (ref:4) (12.5%)
18	01.07		Final (Practice & Lecture) 報告上傳截止時間 1/5			

Textbooks

1. Cara, E & MacRae, A. (2012). Psychosocial Occupational Therapy: An evolving practice. (3rd ed.). Cengage Learning
2. Cole, M. B. (2018). Group dynamics in occupational therapy. Slack Inc. (中英文皆可)(合記)
3. Brown, C & Stoffel, C. (2017/2019). Occupational therapy in mental health : a vision for participation. Philadelphia: FA Davis Co
Selected reading materials:
4. 潘瓊琬等(2021) 心理疾病職能治療學。禾楓
5. Creek, J., (2014). Occupational therapy and mental health: Principles, skills, and practice. New York: Churchill Livingstone. (4th ed/5th ed.中英文皆可) 中譯本：潘瓊琬等，職能治療與心理衛生。台灣艾斯維爾 Taiwan Elsevier.)
6. DSM-5 manual.
7. *Practice 實習課程-內容多有中文，請課前預習，當天課堂報告、操作、討論。
@ Responding to Symptoms and Behaviors in Mental Health Concepts and

Techniques for the Occupational Therapy Assistant

【Grading】

1. 學期成績分為講義 Lecture 與實習 Practice ，成績分別計算
2. 期中(1-8 周)期末(10-17 周) 各 50% 各單元配分比例見時間表

Groups and Frames of Reference：報告與活動帶領 說明

1. 分組：全班依名單指定分成 5 組，進行討論與活動團體帶領
2. 章節重點報告：依參考書章節製作 20-25 張 PPT 內容重點，報告前一周周一上傳 Moodle 周二中午與老師討論（或另約時間）
3. 活動團體設計與帶領：於口頭報告完畢後帶領同學進行活動團體，**口頭報告與活動帶領者，均 9:10 上課抽出各兩位同學負責**。進行時間約各 30 分鐘。再繼續進行分享討論 10-15 分鐘，並總結活動目的或給予回饋後結束。
4. 活動團體設計計畫書：依參考書章節練習 1-2 撰寫活動計畫書，包含**標題、活動目的、預期目標(3-4 項)、該設計所應用之參考架構概念，預計人數**(若希望小團體進行，則選擇下兩組同學做為成員)，**設備與材料，活動內容**(請依 1、2、3、...寫明步驟)，**擬討論問題** (請依 1、2、3、...列出 3-4 主要問題與延伸問題，並註明屬於作品分享、情緒處理、學習概化、或經驗應用面向的提問，因為團體性質不同，不一定每個面向都要提問到)，與其它備註項目。**總結活動目的或給予回饋後結束**。
5. 評分：
 - 1) 章節重點，時間控制
 - 2) 團體設計計畫書活動之目的、預期目標、與該設計所應用之參考架構概念符合程度
 - 3) **帶領說明與領導能力** (口語技巧--說明清楚度、可理解度、表情、語速、與音量、開場與互動技巧、回饋技巧、與總結技巧)

備註：一. 其他同學課後上傳考題練習 5 題。綜合說明活動與理論之關聯性。

二. 團體結束後討論 1. 其他各組需綜合說明活動與理論之關聯性 2. 由老師補充該章內容、或介紹相關評估工具、案例討論